

Welcome to BrightPIP.

We are [BrightPIP](#) and we want to change the world - one baby at a time! We work across Brighton, Hove and East Sussex to deliver Parent-Infant psychological therapy to families for free. We want every baby in our community to grow up feeling safe, secure and loved. Our mission is to intervene at the earliest time with families to support parents to have positive relationships with their children. We are a registered charity (RCN 1177084).

We are seeking an Infant Mental Health Practitioner (CYP-IAPT Trainee)

Our service has an exciting opportunity to join our team as a Recruit to Train Trainee, part of the NHS England funded Recruit to Train Programme in partnership with the Anna Freud Centre, University College London. The postholder will be training on the Children & Young People Improving Access to Psychological Therapies (CYP IAPT) Therapy Course and carrying out clinical work in our service to complement their studies and use their newly developed skills.

About the Initiative

Recruit to Train is a government-funded initiative aiming to grow the child mental health workforce to meet much needed demand. To help reach this goal, NHSE covers salary and training costs for a 1-year post, allowing services to employ trainees to aid in implementing new or expanding existing specialist pathways to bridge the gaps in CYP mental health support.

This is a unique opportunity to apply your learning from weekly teaching into practical clinical interventions working with clients in the service making a direct impact in the lives of children, young people and their families.

About the role

This is a training role within the Child and Young Persons Improving Access to Psychological Therapies Programme (CYP-IAPT). The post-holder will work within the BrightPIP service providing interventions whilst undertaking a programme of training for this role, within Brighton and Hove. They will be integrated into our team of Clinical Psychologists and Psychotherapists taking referrals as part of our core service offer.

This intensive training post will equip the postholder to provide interventions based on CYP-IAPT care principles and also an evidence-based intervention consistent with their training course. This will include training in [Incredible Years](#) and [VIPP](#). The postholder will work in the service for at least 2.5-3.0 days of the week using the newly developed skills whilst attending the training programme for the remaining 2.0-2.5 days.

Who are we looking for?

We are seeking a highly motivated and enthusiastic mental health practitioners to work and train within our service. The training post will equip the postholder to provide interventions for children, young people or families using evidence-based intervention consistent with the course they are attending. The post holder will work with people

with different cultural backgrounds and ages, using interpreters when necessary and should be committed to equity, diversity, and inclusion.

You will be committed to the CYP Psychological Training Programme core principles: Accessibility, accountability, participation, awareness and evidence-based practice and in providing an inclusive and effective service for children and young people, along with a dedication to equity, diversity and inclusion.

Training Information

Full-time training will begin in January 2025 with around 2.5 days a week for academic work (teaching and personal study), and 2.5 days based at the service seeing clients related to training assignments. Trainees will be both an employee of the service and an enrolled student with UCL/Anna Freud. Upon completion, qualified trainees will receive a UCL Postgraduate Diploma.

This role will be best suited for applicants that are able to balance a demanding work and study schedule. You will be an employee at the service but also enrolled on a Postgraduate Diploma course. As this is a Postgraduate level training, you will be required to study and perform at academic level. Applicants must be prepared to work towards their studies outside of protected study time (such as on weekends and after work). Protected study time or teaching days are typically two days a week during term (with possibility of extra university days near start) and will be a mixture of in person and online sessions. Applicants must be willing to travel into London to attend their lectures. Travel costs for this will be covered.

The UCL 0-5s start date is 20 January 2025 (also when the induction day will be) and teaching is likely to be Mondays and Tuesdays with occasional additional teaching days.

More information about the course content and the different modalities can be found on the Anna Freud webpage: <https://www.annafreud.org/ucl-postgraduate-study/ucl-postgraduate-programmes/child-and-young-person-iapt-therapy-pg-dip/>

There is also an Information Sheet about the course:

<https://www.dropbox.com/scl/fi/xnvg54o4wmvnieqld3vz2/0-5s-Information-Sheet-Jan-2025.pdf?rlkey=c5bvqeksko6x6ve5vn4n4irvw&st=a1trldu9&dl=0>

Application Process

This is a dual application process. In addition to applying for this position with us, you must also complete a UCL application for the Course Team to review. The Course Team will liaise with us on whether you meet the academic requirements for the course during the recruitment process. **You will only be offered a UCL training place if you are successful in securing this post and you meet the university training requirements** (such as academic background, relevant experience, visa approval). Please note due to a change in process for this recruitment cycle, **only shortlisted candidates will receive information on applying to UCL.**

CVS WILL NOT BE ACCEPTED.

Privacy notice: Please be aware the information on your application form (name and contact details, qualifications and prior relevant experience) will be shared with the Anna Freud staff team as part of the recruitment process. By submitting your application to this role, you are agreeing to your details being shared with Anna Freud.

Terms and Conditions

We are offering **one 37 hour a week post** to be based in the Brighton & Hove local authority area.

Salary, location and conditions

- The salary is **£37,339** per annum (equivalent to NHS band 6).
- You will be entitled to 27 days of annual leave plus bank holidays.
- You will be based in Moulsecoomb Family Hub, Hodsgrove Lane, Brighton BN2 4SE and expected to travel across Brighton and Hove to visit families.
- The successful candidate will be expected to travel to Anna Freud in North London (Rodney St, N1 9JH) for teaching during the training year.

This is a **fixed term post for 12 months** with this training year funded by NHS England. Please note, there is currently no plan to offer a post within Brighton and Hove following qualification. However, we are open to secondment opportunities from suitably qualified applicants within the area.

BrightPIP is an equal opportunities employer. We strongly encourage applicants from all backgrounds and walks of life. We believe that diversity and inclusion among our team is critical to our success. We seek to recruit, develop and retain the most talented people from a diverse candidate pool and welcome applications from all qualified candidates. We do not discriminate on the basis of race, colour, religion, ethnicity, gender, disability, sexual orientation or gender identity.

Please review the additional documents for more information on the role, person specification other employment documents.

Applications should be returned to info@brightpip.org.uk Please entitle your email "Application for Infant Mental Health Practitioner"

Closing Date for applications: 10am, Friday 4th October 2024.

Late applications will not be considered. CVs will not be considered.

Recruitment timetable:

- Candidates will be shortlisted for the role within a week of the closing date.

- Shortlisted candidates will be notified by BrightPIP.
- Your applications will then be vetted by UCL.
- Candidates successful at vetting will then be invited to interview on **Wednesday 23rd October**. Please keep this date reserved for potential interviews.
- The highest scoring candidate will receive a conditional offer, pending references and a DBS check.
- High scoring candidates at interview, who are not successful, will be offered a place on a reserves list.
- All unsuccessful applicants will be notified of the outcome of their application.

Further information

- For more information about the role or to have a confidential discussion, please contact: Dr Bea Birtwell on bea.birtwell@brightpip.org.uk
- For general enquiries, please contact: info@brightpip.org.uk
- Course queries: Any queries applicants have on the course i.e. teaching/content can be sent to the course programme team cypiapttherapy@annafreud.org

Application documents

- [Job Description and Person Spec](#)
- [BrightPIP Application Form](#)
- [Equal Opportunities Statement](#)
- [0-5s Information Sheet](#)